



# 10 free <sup>creative!</sup> activities to do this AUTUMN

1. **Collect autumn leaves, press them between books, using kitchen paper to protect the book, and then use to create pictures or to paint and decorate.**
2. Cut a hoop out of a large newspaper page. Place it on some grass and then look carefully at what you can find – use a magnifying glass if you have one. Maybe draw what you see!
3. **Use natural objects for printing. Explore what marks they make and then create cards or bookmarks with the patterns you find.**
4. Collect dry grass, sticks and moss and build an insect home in a corner of your garden or park. How can you protect it naturally?
5. **Go on a woodland or park walk and notice the sounds and smells around you. Create an i-spy activity you can use with friends or family. Take photos if you can to create a tick sheet.**
6. Try your hand at sketching trees. Don't worry if it doesn't look the same – practise makes perfect! All the great artists started like this, just like you! [Here's a simple video to help you get started.](#)
7. **Collect paper tubes from your home recycling and create a marble run (you can use anything round if you don't have marbles - or how about a giant run for your tennis ball?! [Or how about a marble maze?](#) What other games could you make?**
8. Carve a pumpkin and save the seeds to grow next spring! Have fun designing the pumpkin's face and see how creative you can get.
9. **Learn to sew a simple back stitch and you can make little scented bags out of old clothing to give as gifts at Christmas. Fill them with herbs or lavender you have grown or ask friends or neighbours for their cuttings.**
10. Begin an Autumn nature journal and collect objects and drawings throughout the season which can inspire you to make or create other things during the year 😊

Whatever you do, enjoy getting creative this autumn!

For more ideas and inspiration, have you thought about joining **THE CREATE CREW?**

With activities and art sessions at your fingertips, there will be plenty of creative ideas for you and your kids to delve into!

You can find out more here:

<https://www.cygnincreative.com/thecreatecrew>

